

From The Heart Biblical Counseling Center **BIBLICAL COUNSELING MINISTRY POLICIES**

1. All Counselors are part of the Biblical Counseling Ministry and *may or may not* have secular or professional training, but all are spiritually mature and Biblically knowledgeable in counseling from Scripture. Training and certification is by the National Association of Nouthetic Counselors (NANC), and the International Association of Biblical Counselors (IABC).
2. All Counselors will open and close every counseling session with prayer and will refer to an open Bible during the counseling session.
3. The Counselors will not discuss any counseling session with anyone who is not a Pastor with the need and approval to receive confidential information without Pastoral approval.
4. Men are not permitted to counsel women one on one, and women are not permitted to counsel men one on one, for extended counseling sessions, without Pastoral approval.
5. *Biblical Counseling is a Ministry.* Therefore, there is not to be any compensation for any type of Biblical counseling. Any relationship that extends into the possibility of fees is to be clearly identified to you the Counselee and approved by the Pastoral Staff. (Example: Legal or accounting work, etc.)
6. All officially scheduled counseling is to be conducted at the Church building or counseling offices unless written Pastoral permission is granted.
7. Counselee acknowledges that the file created by the Counselor is and shall remain at all times the property of the ***“From The Heart Biblical Counseling Center”*** and the Kirksville Church of the Nazarene.
8. Counselee acknowledges that the recorded notes, impressions, and conclusions of the Counselor shall not be available for review by the Counselee at any time—either during counseling or after its conclusion.
9. Counselee is responsible for the purchase of any books, pamphlets, tapes, or resources used during the session.
10. Special pastoral approval is required for anyone being counseled more than twelve times by Lay Counselors.
11. By accepting counseling sessions with the Biblical Counseling Ministry, the Counselee agrees to the following:
 - A. To commit themselves to the purpose of the counseling – biblical change.
 - B. To be faithful the scheduled time commitment.
 - C. To be open and honest during the counseling sessions.
 - D. To be diligent in the completion of all homework and/or exercises assigned.
 - E. To commit to a regular schedule of worship, Bible study, and prayer as agreed upon with the Counselor.
12. Counselee understand and agrees that ***the Biblical Counseling Ministry is for the purpose of providing free Biblical counseling to all of those who will fellowship and faithfully attend the Kirksville Church of the Nazarene for regular scheduled Christian Growth classes and discipleship for continued change.***
13. The failure to adhere to the above commitments may result in the counseling relationship being terminated.
14. Any violations of the above policies should be reported to the overseer of the Biblical Counseling Ministry.

Instructions: PLEASE INITIAL next to the numbers listed above and sign your name below indicating that you have read, Understand, and agree with the fourteen counseling rules outlined.

Counselee’s Signature: _____ Date: _____

**FROM THE HEART * BIBLICAL COUNSELING CENTER
PERSONAL DATA INVENTORY**

Religious Background:

Denominational preference: _____ Are you a member? _____ yes _____ no Year: _____
Church attendance per month (circle) 0 1 2 3 4 5 6 7 8 9
Church attended in childhood: _____ Baptized? _____ yes _____ no
Religious background of spouse (if married) _____
Do you consider yourself a religious person? _____ yes _____ no _____ uncertain
Do you believe in God? _____ yes _____ no _____ uncertain
Do you pray to God? _____ never _____ occasionally _____ often
Are you saved? _____ yes _____ no _____ not sure
If you died tonight, what would you say to God if He asked you, "why should I let you into my heaven?" _____
How much do you read your Bible? _____ never _____ occasionally _____ often
Do you have regular family devotions? _____ never _____ occasionally _____ regularly _____ uncertain
Explain recent changes in your religious life, if any _____

Personality Information:

Have you ever had any psychotherapy or counseling before? _____ yes _____ no
If yes, list counselor or therapist and dates: _____

What was the outcome of the counseling? _____
Circle any of the following words which best describe you now: active ambitious self-confident
persistent nervous hardworking impatient impulsive moody often-blue excitable imaginative
calm serious easy-going shy good-natured introvert extrovert likeable leader quiet hard-boiled
submissive lonely self-conscience sensitive other _____

What, if anything, do you fear? List and explain: _____

As you see yourself, what kind of person are you? Describe yourself. _____

PERSONAL DATA INVENTORY



COUNSELING

From The Heart Biblical Counseling Center

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Dr. Mark Hager
Director of Counseling
M.Div, D.P.Th - NANC & IABC Certified

Pastor Jeremy Broach
Associate Director of Counseling
Nouthetic Counselor